WORK/COMP HISTORY

| Name of employer at time of accident: |
|---|
| Length of time worked there prior to accident: |
| Type of work being done at time of injury: |
| In your own words, please describe accident: |
| |
| |
| Have you been treated by another doctor for this accident? Yes No If yes, please list doctor's name and address: |
| What type of treatment did you receive? |
| How long were you treated by this doctor? |
| Are you: () improved () unchanged () getting worse |
| What types of medicines are you taking? |
| Do these medicines help? () Yes () No () Don't know |
| Have you had physical therapy? () Yes () No If yes, how often? |
| () Daily () Every other day () Several times a week () Weekly () Every other week () Monthly () Other |
| Does the physical therapy help? () Yes () No () Don't know |
| Prior to this accident, have you ever had any of the physical complaints similar to what you have now? () Yes () No () Don't know |
| If yes, describe: |
| |
| Were these similar complaints the results of a previous accident(s)? () Yes () No Please provide details of accident(s): |
| riease provide details of accident(s). |
| |
| Have you had any other serious accidents which required medical care? () Yes () No Describe: |
| Have you had any serious illnesses that required hospitalization? () Yes () No Describe: |
| |

| • | any surgeries? () Ye of surgery and date: | | () No | | | | | |
|---|--|-------------|----------------------------|------|--|----------|--------------------|-----------|
| Have you had 14. Have you rece 15. Have you retu | any nervous or mental illn psychiatric care? () ived a medical discharge rned to work since this ac | Yes fror | n the Armed Fo | orce | () No | () No | | |
| DATE | EMPLOYER | | Tacirit, product in | | OCCUPATION | | LIGHT DUTY | FULL-TIME |
| LAIE CNIPLUIEN | | · · · · · · | | | | | REG. DUTY | PART-TIME |
| | | | | | | | | · |
| | | | | | | | <u>, ,, , , , </u> | |
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| | | | | | · · · · · · · · · · · · · · · · · · · | | | |
| BACK PAIN: 1. Currently, I had | | (|) low back | (| | upper ba | ack | |
| My pain begar I have pain: | ገ: | (|) gradually) sometimes | (|) suddenly) all of the time | | | |
| 4. My pain goes | into my: | (|) right leg | (| | both | | |
| | and/or numbness in my: | (| , , | (| | both | | |
| 6. My pain is wo | rse when I: | | | | | | | |
| cough or | sneeze | (|) Yes | (|) No | | | |
| sit | | (|) Yes | (|) No | | | |
| bend | | (|) Yes | (|) No | | | |
| walk | | (|) Yes | (|) No | | | |
| lift | • | (|) Yes | (|) No | | | |
| push pull | | (|) Yes) Yes | (|) No) No | • | | |
| 7. My back is worse with sexual activity | | (|) Yes | (|) No | | | |
| _ | s me up during the night | (|) Yes | (|) No | | | |
| 9. Changes in th | e weather affect my pain | (|) Yes | (|) No | | | |
| NECK PAIN: | | | | | | | | |
| 1. My neck pain | began: | (|) gradually | (|) suddenly | | | |
| 2. I have pain: | | (|) sometimes | (|) all of the time | | | |
| 3. My pain goes into my: | | (|) right arm | (|) left arm () | both | | |
| 4. I have tingling and/or numbness in my: | | (| () right arm | (| () left arm () | both | | |

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| CK PAIN (continued): | | | | | | |
|---|-------------------|---|-------|--|--------------------------------------|-----------------------|
| My pain is worse when I: | | | | | | |
| cough or sneeze | . (|) Yes | 1 |) No | | |
| bend forward | , |) Yes | i |) No | | |
| lift | , |) Yes | ì |) No | | |
| push | 1 |) Yes | ì |) No | | |
| | \ | | 1 | | | |
| pull turn my bood | 1 |) Yes | 1 |) No | | |
| My pain wakes me up during the pight | |) Yes | (|) No | | |
| My pain wakes me up during the night | |) Yes | 1 | 그 이번 원에 전문이들의 개선에 이렇다. 하고 이 기가 그 그 때문에 걸게 생생하는데? | | albert of even up. cu |
| Changes in the weather affect my pain | then |) Yes | (|) No | evon evilleget n | |
| I have neck stiffness | (|) Yes | |) No | received and the common terms of the | |
| I have headaches | (|) Yes | (| 3-849-678 FAL | | |
| If I do get headaches, they occur: | (|) sometimes | (|) all of the tim | e | |
| | | | | | | |
| HER PAIN: | | | | | | |
| | | | | | | |
| | | | | | | |
| (In terms of an 8-hour workday, "occasi | | JOB DESC | | | | |
| | | JOB DESC | | | | |
| (In terms of an 8-hour workday, "occasi 67% to 100% of the day). | ionally | JOB DESC | , "fr | | | |
| (In terms of an 8-hour workday, "occasi 67% to 100% of the day). | ionally | JOB DESC "means 33% | , "fr | equently" mear | ns 34% to 66%, a | nd "continuously" n |
| (In terms of an 8-hour workday, "occasi 67% to 100% of the day). In a typical 8-hour workday, I: (Circle # | ionally | JOB DESC " means 33% ours / activity) 7 8 ho | , "fr | equently" mear | ns 34% to 66%, a | nd "continuously" n |
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| (In terms of an 8-hour workday, "occasi 67% to 100% of the day). In a typical 8-hour workday, I: (Circle # Sit: 1 2 3 4 5 Stand: 1 2 3 4 5 Walk: 1 2 3 4 5 Walk: 1 2 3 4 5 On the job, I perform the following action NOT AT ALL Bend / stoop () Squat () Crawl () Climb () Reach above shoulder level () | ionally 6 6 | JOB DESC "means 33% ours / activity) 7 8 ho 7 8 ho 7 8 ho 6 7 8 ho 6 7 8 ho 7 8 ho 6 7 8 ho 7 8 ho 8 ho 9 | , "fr | equently" mear | ns 34% to 66%, a | nd "continuously" n |
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| 3. | On the job, I lift: |
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| | NOT AT ALL OCCASIONALLY FREQUENTLY CONTINUOUSLY Up to 10 pounds () () () 11 to 24 pounds () () () 25 to 34 pounds () () () 35 to 50 pounds () () () 51 to 74 pounds () () () 75 to 100 pounds () () () |
| 4. | Do you have to bend over while doing any lifting? () Yes () No |
| 5. | Are your feet used for repetitive movements, such as in operating foot controls? () Yes () No |
| 6. | Do you use your hands for repetitive actions, such as: SIMPLE GRASPING FIRM GRASPING FINE MANIPULATING Right hand () Yes () No () Yes () No () Yes () No Left hand () Yes () No () Yes () No () Yes () No |
| 7. | Are you required to work on unprotected heights? () Yes () No Describe: |
| 8. | Are you required to be around moving machinery? () Yes () No Describe: |
| 9. | Are you exposed to marked changes in temperature and humidity? () Yes () No Describe: |
| 10. | Are you required to drive automotive equipment? () Yes () No Describe: |
| 11. | Are you exposed to dust, fumes and/or gases? () Yes () No Describe: |
| | |
| 12. | Please list any additional comments: |
| | |
| | |
| | |
| | Signature: Date: |

Signature: _____